



Dr. Henry Finger's SMILE REPORT

Produced to improve your dental health and awareness

Spring 2010

fromthedentist

We Welcome New Patients

Our practice wants you to refer us to your family, friends and colleagues.

Did you know that the highest compliment you can give us is referring our practice to people you care about? Yes, your trust means the world to us, and fuels our commitment to raise the bar even higher on providing you and yours with excellent dental care. From implementing the latest technology, procedures, and techniques, to being flexible in scheduling appointments and offering supportive payment options. Trust in those who have earned your trust and earn their trust in return. We live by this motto and ... we ask you to spread the word!

Yours in good dental health,

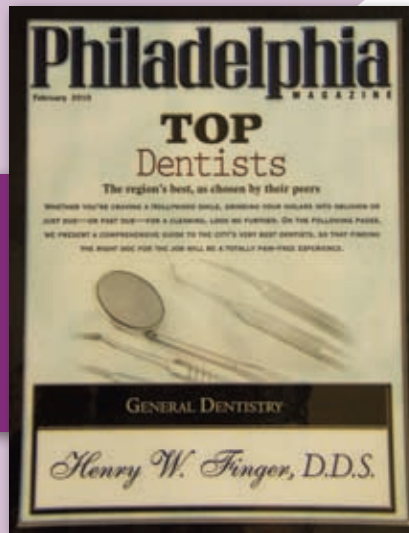
Dr. Henry Finger

turnthepage

What, exactly, is so funny?

Make an impact like never before!

Are you ready to be crowned?



A Top Acknowledgment Celebrating Dr. Finger's achievement

It's an honor, privilege, and a blessing to be a quality dental practice where our patients can relax. We strive to create a comfortable, yet efficient, practice where everyone can receive dental care – and we take this job very seriously. For these efforts, having loyal, trusting patients is reward enough on its own. Then, to receive recognition for these endeavors ... well that's just awesome!

We're very excited to share with you our latest honor. This past February, Dr. Finger was named as a 2010 *topDentist*[™]. This acknowledgement was voted on by other dental professionals in South Jersey, Philadelphia, and Philadelphia suburbs. Knowing that this honor is at the hands of our peers gives Dr. Finger a real sense of professional pride... and is humbling, at the same time.

We're proud that we've managed to successfully create an office that provides a range of quality dental services in an inviting atmosphere, where patient comfort and satisfaction are the highest priorities. Dr. Finger, and our team, work very hard each day to achieve these standards ... and to be recognized by other dental professionals as a *topDentist* for the efforts is truly an honor.

Thank you for all your referrals. We appreciate them!

Look Great

And save the environment too

Choose eco workout wear. Many fabrics made with organic and recycled fibers such as cotton and soy blends, and athletic footwear made from recycled rubber and vegan materials, are becoming increasingly available.

Shop locally even if you can't find the very latest eco trends nearby. You can choose partially recycled materials, minimal packaging, and you'll be saving the expense and environmental cost of travel or shipping.

Conserve post-workout water and energy with low-flow shower heads that don't release hot water until you actually step in the shower and turn the shower head's valve.

Shave with only 5-7 drops of a natural shaving oil. A tiny bottle can provide about 100 shaves, is ideal for your travel bag, and a number of brands are available online or through large retail chains.

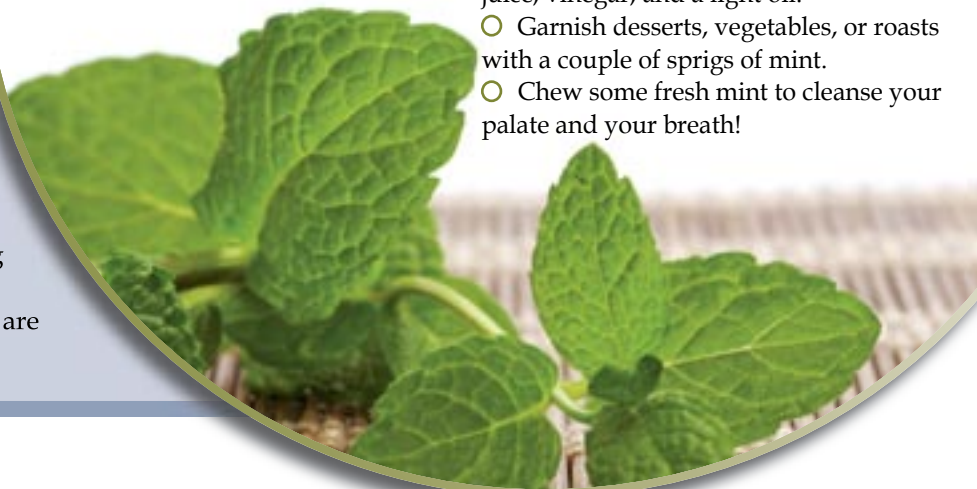
Marvelous Mint

More than a breath freshener

You probably associate mint with toothpaste or breath freshener, but it has been used as an herbal remedy and a spa soother in face packs, foot rubs, and bath soaks. Both peppermint and spearmint are very popular, especially for cooking, and if you're not a gardener, you can easily find commercially dried leaves.

7 Mint Hints For Your kitchen

- Steam vegetables with mint in the water.
- Mix chopped mint with butter for boiled new potatoes.
- Toss whole mint leaves in cooked rice before serving.
- Freeze whole mint leaves in ice cubes for tea or lemonade.
- Make salad dressing with mint, lemon juice, vinegar, and a light oil.
- Garnish desserts, vegetables, or roasts with a couple of sprigs of mint.
- Chew some fresh mint to cleanse your palate and your breath!



before



after



▲ Crowns ▼

before



after



Crown FAQs

Your best decision is an informed decision

What Is A Crown?

A crown is an artificial cover that is used to restore, protect, and strengthen your tooth and keep it healthy.

When Would I Need One?

- If you have a tooth that has been worn down by teeth grinding, an improper bite, or decay, a crown restoration could save it.
- Crowns will give cracked or broken teeth much-needed support.
- A tooth that has loosened due to gum disease can be stabilized by crowning it and connecting it to the neighboring teeth.
- Gaps in your smile can be replaced by incorporating a single crown onto the root of a dental implant placed into your jawbone.

What Are My Options?

Ceramic crowns are the most natural-looking and can be as translucent as your own enamel. They are the perfect choice for those with metal allergies, but people usually choose them because of how they look.

Ceramic-fused-to-metal crowns combine this natural look with the strength of metal underneath, but they are not as translucent as ceramic alone.

Feel free to call now. You don't have to wait for your next appointment to discuss treatment.

Defy The Trend

Subtle measures - radical results

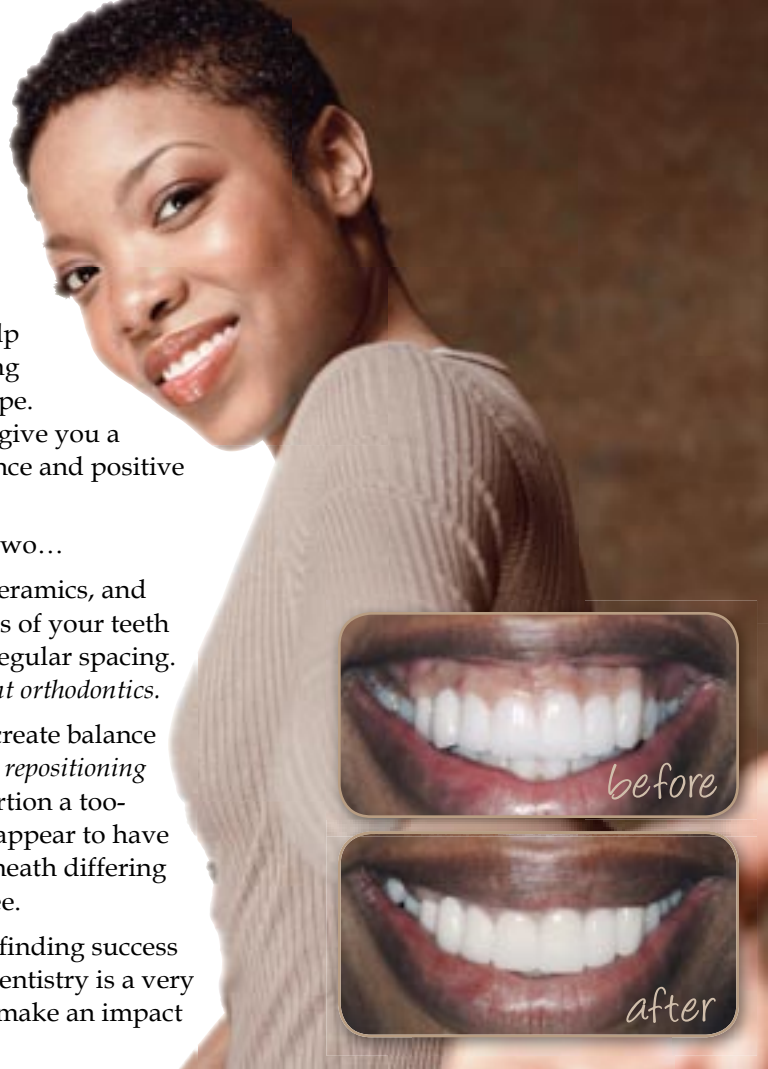
Have you seen some of the guerrilla tactics and extreme stunts people are deploying to reboot their careers? Believe us - singing telegrams or renting a hot air balloon are not your only answers! We can help you create a unique, engaging, and thought-provoking impression that will generate buzz without all the hype. For example, a subtle smile makeover can do a lot to give you a more youthful pick-me-up, and give you the confidence and positive attention you deserve.

Many cosmetic techniques involve only a visit or two...

Veneers crafted from translucent porcelains, ceramics, and other bonding materials can be applied to the surfaces of your teeth to disguise deep stains or other flaws like chips or irregular spacing. In fact, the veneering technique has been called *instant orthodontics*.

Esthetic gum re-proportioning can create balance and symmetry for your smile with techniques like *lip repositioning* and *gum recontouring*, as seen here. You can re-proportion a too-gummy smile, teeth that look too short, or teeth that appear to have different lengths because their crowns are hidden beneath differing amounts of gum tissue ... or a combination of all three.

We understand that sometimes, in today's world, finding success means getting yourself noticed. Stunt-free cosmetic dentistry is a very reliable and worthwhile investment that will let you make an impact - on your terms.



it's laughable

For millennia, Tibetan monks have laughed out loud on awakening - no joke! Seriously, though, even faking a laugh cues your body and your mind to stay calmer and more focused.

How? By shutting off stress hormones and triggering the release of feel-good endorphins. What else? We can show you how to laugh out loud enthusiastically, vigorously, and confidently day or night - with or without an audience.

Natural-looking fillings and whitening can certainly help, but it's also about getting back to basics. Brush and floss, avoid sugary snacks, and maintain regular dental visits.

We promise - once you get the hang of it, the rewards are nothing to scoff at...

- Clean attractive decay-free teeth
- Clean pink tongue
- Clean healthy gums
- Clean fresh breath.

& so
easy



Your *Smile* Calendar

Plan your wedding day smile with us!



Whether you're the one walking down the aisle, a supporting player in the wedding party, or just dancing 'til the sun comes up ... when you're at a wedding, you'll be doing a lot of smiling! And no matter when your wedding event is scheduled, we can help bring your smile to its camera-captivating best. Just let us know your schedule, and book now to make sure there's time to complete your mini or maxi wedding smile makeover!

Your best smile makeover foundation is an oral hygiene appointment. A clean sparkling smile has a glamor all its own, and you'll get the best cosmetic results if you start with clean enamel and healthy gums.

Here is a Smile Calendar so you can plan cosmetic procedures that can rejuvenate your smile – in plenty of time for the wedding!

One day to a few weeks

- Shine up your smile with teeth cleaning and polishing. **1 day – 2 weeks**
- Brighten your smile with teeth whitening that can remove stains due to ageing, smoking, coffee, tea, medication, or root canal treatment. **1 day – 2 weeks**
- Restore dark decayed areas to original tooth color with white fillings or Composite Resin & Porcelain Inlays/Onlays. **1 day – 4 weeks**

One week to several

- Mask slightly discolored or flawed teeth with enamel-covered bonding. **1-4 weeks**
- Camouflage discoloration and re-proportion your teeth with natural looking cosmetic veneers. **2-4 weeks**
- Cover broken, cracked, poorly shaped, severely discolored teeth with crowns to restore natural appearance and color. **2-4 weeks**
- Replace one or more natural teeth by using a bridge between one or two crowns. **2-4 weeks**

Long engagement

- Correct crooked or crowded teeth, overbites, underbites, incorrect jaw position with braces. **12-24 months**

office information

Henry W. Finger, DDS, LLC

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Office Hours

Monday 8:00 am – 6:00 pm
Tuesday 8:00 am – 6:00 pm
Wednesday by appointment only
Thursday 7:00 am – 4:00 pm
Friday by appointment only

Contact Information

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Office Staff

Dee Registered Dental Assistant
Melinda Dental Assistant
Becky Registered Dental Hygienist
Luci Registered Dental Hygienist



Don't Do-It-Yourself

Leave it to us

Everyone knows the value placed on a brilliantly white smile. It's something we all strive for. The problem arises when deciding how to get it. Although whitening kits are available over-the-counter for use at home, this really is one of those things that is best performed under our professional supervision.

The dangers of at-home whitening start right at the very beginning. That is, not everyone should undergo whitening treatments – and we can tell you if you're one of them. You could see no results, cause damage to your teeth and gums, or even risk your overall health.

We can tell you if you are a candidate for whitening and can help you choose the right procedure for your needs. So, please think twice before opting for unsupervised whitening. It could cost you more in the long run.

Overcome Fearfulness

Look & feel great

As many as 145 million North Americans avoid dental visits... but that's changing. According to the American Dental Association, there's been a relative decline in dental fear compared to an increase in people's general anxiety levels.

We are trained to help put people at ease with a welcoming atmosphere, relaxed environment, and comfortable non-surgical procedures. And it doesn't matter what your age or how long it's been since your last dental visit... you can still experience a white, attractive smile; non-surgical cosmetic and restorative treatments; healthy gums and fresh breath; and comfortable dental appliances.

We know we can make dentistry less anxious for you. Please call us today for a consultation.